The Brearley School
Return To Learn

☐ Phase 1 – Out of School, Full Cognitive Rest/Sleep
  - No Home Instruction/Homework
  - No Computer/iPad/Tablets/Electronic Devices (including cell phones/smart phones)
  - No Television/Video Games
  - Complete Avoidance of Bright Light/Loud Noises
  - No Physical Activity

☐ Phase 2 – Return to School/Limited Time as Tolerated with focus on Core Classes
  - Limited Reading
  - No Tests/Quizzes
  - Homework as tolerated
  - Extended assignment deadlines
  - May leave class 5 minutes early to avoid crowded noisy hallways
  - May not attend or participate in after school activities
  - No Computer/iPad/Tablets/Electronic Devices (including cell phones/smart phones)
  - No Television/Video Games
  - Limited Exposure to Bright Light/Loud Noises
  - Allow Auditory Learning
  - Go to Health Office if symptomatic
  - No Physical Activity or Physical Education

☐ Phase 3 – Return to Full School Day as Tolerated/All Classes/No after school activities
  - May complete work as tolerated
  - Test/Quizzes on case by case basis with extended time
  - Meet with Academic Supervisor to pace completion of homework, papers, and projects as tolerated
  - Limit classroom participation
  - As tolerated in musical activities (singing, instrumental, etc.)
  - No Computer/iPad/Tablets/Electronic Devices (including cell phones/smart phones)
  - No Physical Activity or Physical Education
  - May not attend or participate in after school activities

☐ Phase 4 – Return to Full School Day with possible return to after school activities
  - Complete all homework, papers and projects
  - Test/Quizzes on case by case basis with extended time
  - Resume computer/iPad/Tablet
  - Limited use of Electronic Devices/Texting/Television
  - As tolerated in musical activities (singing, instrumental, etc.)
  - May resume after school activities
  - No Physical Activity or Physical Education
  - Check in with health office

☐ Phase 5 – Return to Full School Day with No Academic Restrictions
  - No Physical Education

Return to Play Protocol
☐ Phase 1 - Return to Learn Protocol
☐ Phase 2 - Light aerobic activity
☐ Phase 3 - Sport-specific exercise
☐ Phase 4 – Non-contact training drills
☐ Phase 5 – Full-contact practice
☐ Phase 6 – Return to play